



Joseph Leckie Academy

PE Transition Activity

PE - Couch to 5K Challenge

Join the country's biggest virtual running competition

Your task:

PE Challenge

This summer, join the Couch to 5K challenge and complete with your new year group and the rest of the Academy.

You can win a prize for:

- Completing the app
- Fastest 5K
- Silliest selfie

Download the Couch to 5K App today and take part!

COUCH TO 5K

JOIN THE COUNTRY'S BIGGEST VIRTUAL RUNNING COMMUNITY

Good luck!