



Joseph Leckie  
Academy

22<sup>nd</sup> November 2024

Dear Parent/Guardian,

At Joseph Leckie Academy we take the wellbeing and mental health of our students seriously and recognise the impact that examination stress has upon them and their wider family. As part of our interventions and support for our year 11 students, we would like to invite you to attend a session with the School Nursing Team focusing on how to support your child during their exams.

This session is around an hour long, and will take place at 9:30am on Friday 6<sup>th</sup> December 2024 at the Academy. During the session you will be able to ask questions and gain advice on how you can help your child prevent burn out and manage their stress levels. There will also be an opportunity to talk with the Academy’s wellbeing and mental health team.

We request that you arrive at the Academy reception from 9:00am to 9:20am to allow time to get seated and have a hot drink. This session is aimed at parents and guardians of our students, therefore your child should be attending school as normal on this day and not arrive with yourself.

So that we can cater for the right amount of numbers, can we ask you to complete and return the slip below. This can be handed directly to reception, or your child can pass this onto their form teacher. Alternatively, you can respond via the forms link which will be sent out to yourselves via text message.

If you have any queries or questions, please contact either Mr Greaves on [j.greaves@josephleckieacademy.co.uk](mailto:j.greaves@josephleckieacademy.co.uk) or Mrs Manning on [j.manning@josephleckieacademy.co.uk](mailto:j.manning@josephleckieacademy.co.uk).

Yours sincerely,  
Mrs J Manning  
Student Wellbeing Coordinator.

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I will be attending the ‘Supporting our students during exams’ event on Friday 6<sup>th</sup> December at 9:30am. Please provide \_\_\_\_\_ seats. (please indicate how many will be attending)

If there is any specific concerns you have about your child and their exams, please indicate this below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent of: \_\_\_\_\_ Form: \_\_\_\_\_