

## PSHE Learning Journey KS3





An introduction to enterprise and mini enterprise challenge

Mental health, understanding the science behind mental illness and understanding Alzheimer's disease.

Options for GCSE- what GCSEs prepare me for the career path I want to follow?



Self -Confidence





hat is love and coping with

Bullying/Grooming and sexting and Image sharing Attitudes towards sex and the media

What is love and coping with loss and separation

Types of Relationships and the Diversity of people including in literature

Healthy Decisions on diet and exercise, health care planning







Year

Work life balance- managing our online time

Law making in the UK- how do we elect our leaders?

Safety both online and in the local community. What makes a good community?
Discrimination online, in person

Domestic Abuse, Marriage and Forced Marriage

What is a 'drug' Legal and illegal drug use



and in the media



I do.



Social media awareness and recognising 'fake news'.

Finance and debt
Gambling risk and loot crates/ 'in-app purchases.'



Consent and Contraception Awareness
Puberty and understanding changes my body will
go through and understanding the dangers of
FGM

Welcome to personal development Introducing new concepts of personal development





year 7

Living in the Wider World

Student Wellbeing

Recognising Gangs and defining county lines

Online Safety and making new relationships in a new setting.

PSHE Association Quality Assured Resource

Relationship and Sex Education