

PSHE Learning Journey KS4

Life Ready!



preparation tips, stress and anxiety

Resilience training, exam

factors when facing exams.

Career interview preparation.
Practise interviews. The West
Midlands labour market



Positive Relationships including pleasure, managing emotions, sexual identity and impact of pornography.

Social influences including peer pressure, gangs, role models and protection from crime.





Gang grooming within school settings.

Tips for Leaving organised crime behind.

Career preparation for post-16 destinations.

Risks in the West Midlands- Honour, domestic and peer-on-peer abuse.

Managing emotions in relationships, online relationship benefits and risks









Year

Managing emergencies and CPR

Enterprise and the benefits and risks of being an entrepreneur

an money make you happy? Inance, budgeting, and making financial decisions

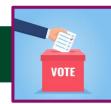
Media Literacy- misinformation and disinformation

coping strategies

Extremism born from media bias and challenging extremism







Democracy and the rule of law in the UK

Career planning- matching skills and interests to career pathways



Sexual Health, consent, contraception, parenthood and fertility.

Challenging prejudice and discrimination in society.



Mental Health, body image and healthy







Year

Living in the Wider World

Sex and Relationships

Health and Wellbeing

Healthy Decisions- the impact of addictive substances- sugar, alcohol, nicotine and controlled substances

